

### **6.30.24 PRESS RELEASE**

#### **Advaita Integrated Medicine: Leading the Way in MDMA Assisted Therapy for PTSD Treatment in North Carolina**

Advaita Integrated Medicine (Advaita or AIM), a renowned integrated care practice in North Carolina, is proud to announce its position as a leader in the field of psychedelic-assisted therapy, revolutionizing the treatment of Post-Traumatic Stress Disorder (PTSD). With a deep commitment to holistic patient care, Advaita has become a trusted leader in leveraging the transformative power of psychedelics to promote healing and liberation.

One shining example of Advaita's success is the story of Sarah Anderson, a military veteran who had been grappling with debilitating PTSD symptoms for over a decade. Sarah battled with anxiety, intrusive memories, and a sense of detachment that hindered her ability to find peace and rebuild her civilian life.

Seeking a breakthrough, Sarah turned to Advaita's renowned psychedelic-assisted therapy program. Under the expert guidance of Advaita's team of trained professionals, Sarah embarked on a transformative journey with MDMA-assisted therapy. This innovative approach enabled her to explore her traumatic experiences in a safe and supportive environment, accessing deep insights and emotions that had long been suppressed. With the integration of psychedelic therapy into her treatment plan, Sarah experienced profound healing and a remarkable reduction in her PTSD symptoms. Through the skillful combination of therapeutic support, psychotherapy, and personalized sessions, Sarah was able to reframe her past traumas, foster self-compassion, and reconnect with her true self.

"Advaita's psychedelic-assisted therapy program has been nothing short of life-changing for me," expressed Sarah. "I am forever grateful for the unwavering support, expertise, and compassion of their team. They have given me the tools and guidance to reclaim my life and embrace a future filled with hope and joy."

Advaita's CEO Tripp Johnson, shared his passion and commitment to providing exceptional care for patients like Sarah. "From the inception of Advaita, our mission has been to redefine mental healthcare by incorporating cutting-edge treatments with a holistic approach. We foresaw the potential of psychedelic-assisted therapy as a powerful tool in treating PTSD, and today, we stand proud as pioneers in this field." He emphasized Advaita's unwavering dedication to evidence-based practices and ongoing collaboration with leading research institutions like Duke and UNC-CH. "We are at the forefront of research and development, constantly striving to enhance the safety and efficacy of psychedelic-assisted therapy. We aim to contribute to the growing body of knowledge and ensure that individuals like Sarah receive the highest standard of care."

With its pioneering approach, Advaita has become a trusted destination for individuals seeking innovative and transformative healing. As the leader in psychedelic-assisted therapy for PTSD treatment in North Carolina, Advaita continues to prioritize patient well-being, offering compassionate, personalized care to empower individuals on their path to recovery.